

A JOURNEY FROM DISORDER TO DESIGN

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ABSTRACT

Schizophrenia is outwardly one of the most man-handed, stigmatized & misunderstood psychological disorders that exist in this world. Although it is a wide-ranging psychological syndrome, there is a misunderstanding where people would assume that it is the disease that causes all these extreme behaviors, like retarded, vague, personality-disorder etc. There are different types which consist of all the diverse in the behavioral symptoms and diverse physical characteristics., including the subtypes, like fanatical, chaotic, rigid, residual which often triggers the patient to get delusional thoughts and images, especially about persecution. This mental disorder is caused by different factors.

In this research work, I tried to show awareness about this illness, and also the beauty of Schizophrenic patient's feelings, to express themselves in the form of art. This is shown through the painting and photo manipulation in Adobe Photoshop. Usually, they are out of the world so the sights they experience is the things that don't exist.

In this research work, the work has done to show the visions, a schizophrenia patient experiences and to promote art therapy and art forms.

KEYWORDS: Hallucination, Delusions, Art therapy & Drugs

INTRODUCTION

A brain disorder that affects the way a person behaves, thinks and sees the world is known as Schizophrenia. Paranoid schizophrenia or schizophrenia with paranoia is the most common form of this illness. They have a transformed observation of truth, may perceive things that don't occur, express in strange or puzzling ways, have confusion in that others are trying to damage them, or feel like they're being always observed. The result may be relationship problems, upset regular day-to-day events like bathing, eating or running errands, and to self-medicate, they lead to alcohol and drug abuse. Most people with schizophrenia disease withdraw themselves from the outside world, act out in confusion and fear and they are at an increased risk of attempting self-destruction, particularly during psychotic incidences, periods of desperateness and in the first six months after starting treatment.

Many the people fear that the condition is not based on authenticity, but schizophrenia is a chronic disorder. Schizophrenia people become healthier over time. Treatment options are improving and there are plenty of things they can do to help themselves to manage this disorder. It is often occasional, so periods of diminution are ideal times to employ self-help tactics to bound the span and rate of recurrence of any future episodes. Along with the right support, medication, and therapy, many people with schizophrenia can manage their symptoms, function individualistically and enjoy full, rewarding lives.

Art therapy

Art therapy is a method of communicative treatment that uses the inventive process of making art to recover a person's physical, mental, and sensitive well-being. The artistic method involved in expressing their self inventively can help people to resolve issues as well as develop and manage their actions and frame of mind, diminish anxiety, and recover confidence and consciousness. They don't need to be brilliant or an artist to receive the aids. Specialists, who can work with them, linked through their art, which will aid in the therapeutic procedure. Art therapy can accomplish dissimilar things for different individuals. It can be used for psychoanalysis by specialists, healing, treatment, recuperation, treatment, and in the broad sense of the term, it can be used to massage their inner-self in a way that may offer the difference with a cavernous understanding of him or herself.

Hallucination art



Figure 1: Art of Hallucination

Outsider art

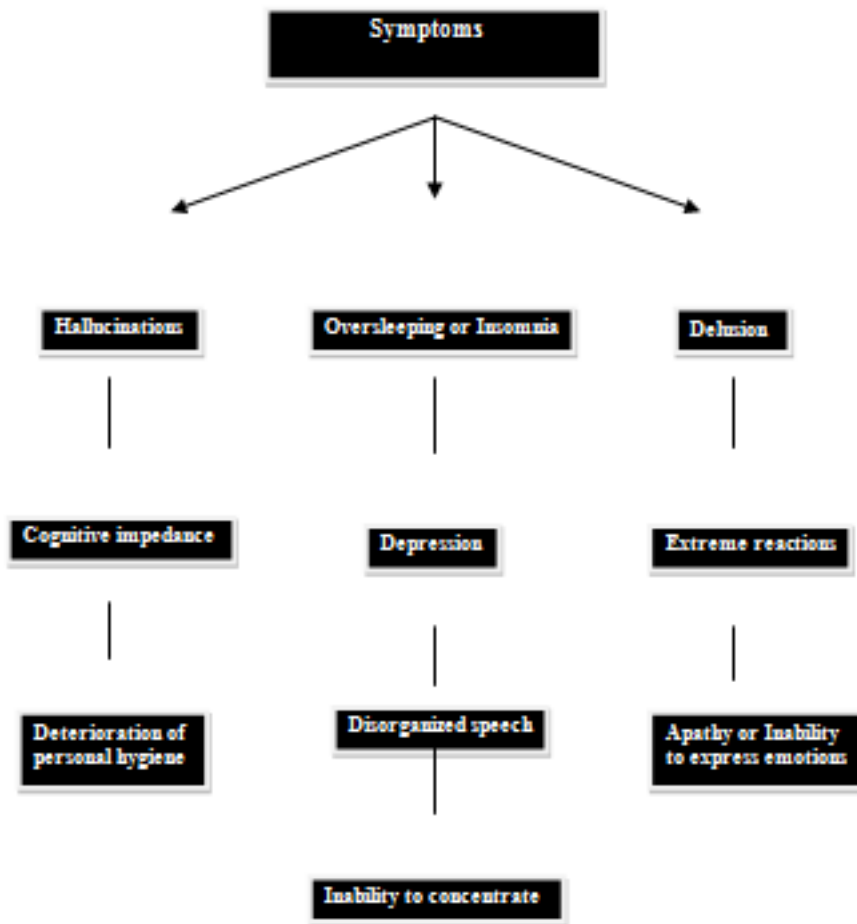


Figure 2: Outsider Art

Psychedelic art



Figure 3: Psychedelic Art



Causes

Genetic

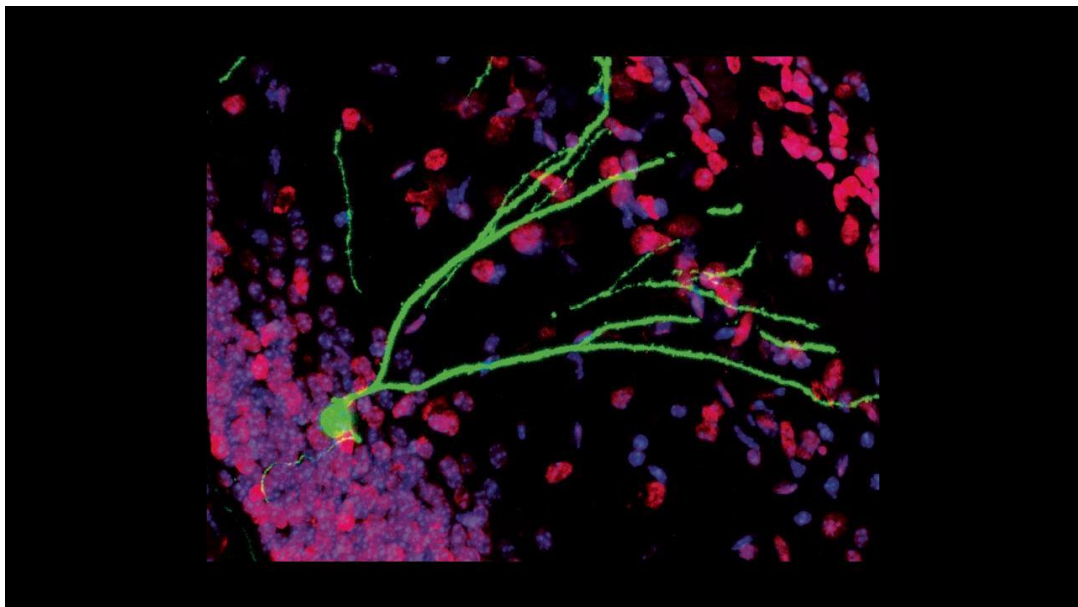


Figure 4: Jumping genes linked to schizophrenia

Drug Induced

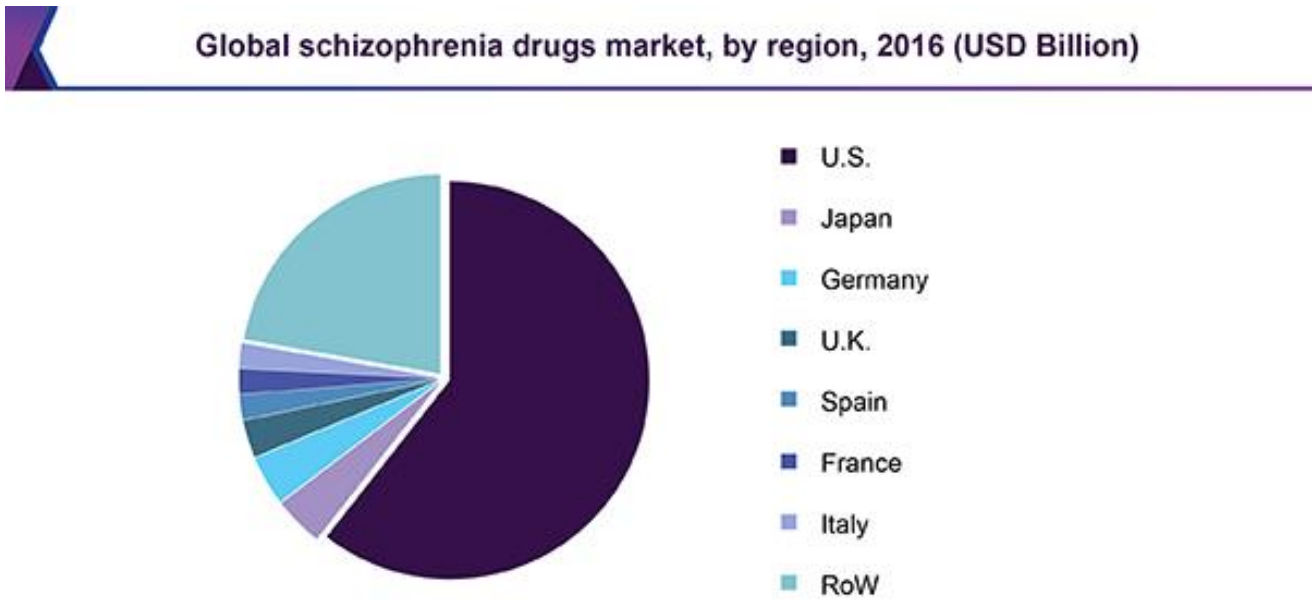
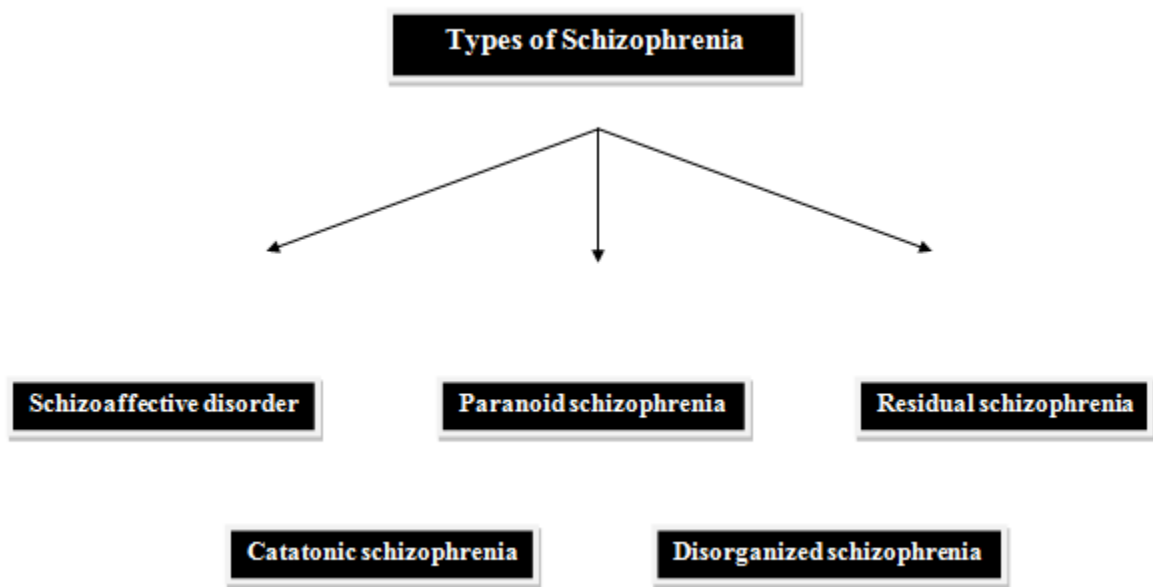


Figure 5: Schizophrenia Drug Market Size Analysis

Complication during pregnancy



Figure 6: Complications during Pregnancy



RESULTS AND DISCUSSIONS

I tried to design some clothes and these are outcomes in the form of apparel. The garments have been painted and different types of embellishments have been used, also it includes prints on fabric which is inspired by psychedelic visions.

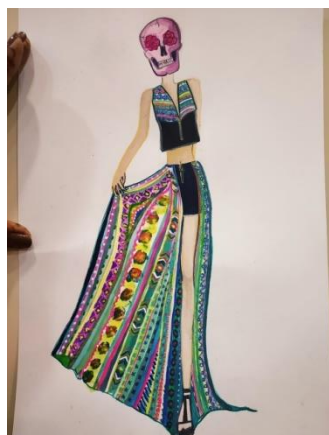


Plate no. 1

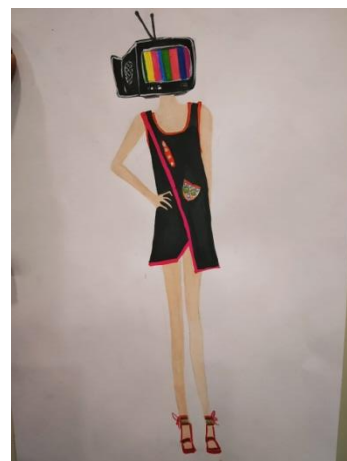


Plate no. 2



Plate no. 3



Plate no. 4

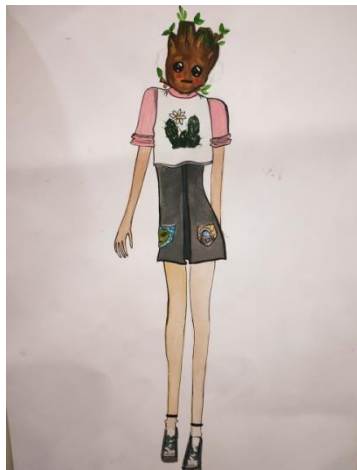


Plate no. 5



Plate no. 7



Plate no. 6

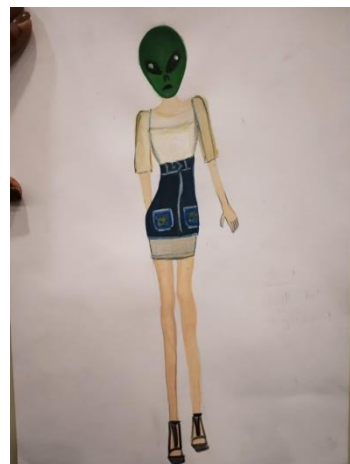


Plate no. 8

These garments can be made on Corel Draw and other designing software, we can make different variations of these design and compare them.

CONCLUSIONS

As reviewed here, many new terms about psychological development have been experienced. Schizophrenia can undoubtedly change the life of an individual. With the research and expanding knowledge for this topic, here came to know that schizophrenia is a very serious illness. Many people make fun of it. In this study, it is found that occupational therapy is effective in Schizophrenia for noticeably improving neurobehavioral discrepancies activities of daily living and social skills.

It is also found that the art therapy in which the Schizophrenic patient express themselves in form of art (painting, portray) etc, the different art therapy includes visual illustration, painting, photo manipulation, graffiti, etc. The art therapy may have high scopes in future as it can show the thoughts of an individual. The thought which doesn't exists but can be imagined and surprises the art forms. These kinds of creativity can work on fashion as well, in Met Gala or like in Avant Garde Fashion.

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